



Bowmen of Ardleigh  
Small Newsletter No. 130

February 2022

So much going on now that this issue seems to be starting off a bit “scoresy”, but anyway.

Our Membership number is now at the heady height of 83!

These are the results of the Spoon Shoot that took place over the weekend 7th/9th January 2022.

	Archer	H/C	All.	Score	Total	
1	Howard Green	73	1160	403	1563	Spoon & PB
2	Elaine Jones	75	1185	373	1558	(PB)
3	Tom Nolan	64	1060	417	1477	
4	Prital Upadhayay	59	1016	453	1469	
5	Chris Phillips	46	935	518	1453	
6	Alex Sarzi-Sartori	56	994	442	1436	
7	Dave Cook	43	922	511	1433	
8	Barrie Green	51	961	468	1429	
9	Mia Phillips	54	980	418	1398	

Congratulations to the people taking part and to those with personal bests!

These are the results of our Bray 1 Essex League Matches for December 2021.

Ardleigh 'A'		Noak Hill	
Chris Pollard	255	Wilco Van-Kleef Bolton	286
Sam Mortimer	251	Alan Horne	277
Colin Vaughan	252	Aron Maher	276
Chris Lowe	242	Tony Gedalovitch	272
Dave Clegg	241	Mick Richardson	270
	1240		1381

A win for by Noak Hill by 141points

Ardleigh 'B'		Oakfield 'B'	
Chris Phillips	216	Mstr Ayez Zaman	169
Dave Cook	200	David Pentland	161
Ms. Mia Phillips (Jr. Lady PB)	198	Kaitlin Lovell (Jr. Lady)	155
Alex Sarzi-Sartori (PB)	181	Zuhair Anwar	154
		Jake Pentland (Jr. Gent)	116
	795		755

A win for Ardleigh 'B' by 40 points.

This was something of a surprise as we had only 4 in our team but it shows that team places are “up for grabs” and, again, good to see our newer members in amongst the scores. Don't even entertain the thought that you aren't “good enough” to get into the teams!

Our 'A' Team is presently 7<sup>th</sup> of 8 teams in Division 1 and our 'B' Team 4<sup>th</sup> of 8 in Division 2.

Our Club Indoor Championships were held on 30<sup>th</sup> January and the results are at the end of this newsletter.

These are the results of our Bray 1 Essex League Matches for January 2022.

Ardleigh 'A'		Oakfield 'A'	
Sam Mortimer	253	Mindi Sakaulaskas	271
Chris Pollard	252	Miss Louise Devlin	268
Chris Lowe	247	Jude Davies	241
Dave Cook	243	Duncan Childs	198
Alex Sarzi-Sartori	217	Miss Kaitlin Lovell (Jun. Lady)	155
	1212		1133

A win for by Ardleigh by 79 points

Ardleigh 'B'		Malgrave 'B'	
Chris Phillips	216	Steve Hines	203
Tom Nolan	204	Ian Miller (BB)	196
Miss. Mia Phillips (Jr. Lady)	197	Fredie Preston (JG)	192
Prital Upadhayay	169	Kathy Batson (BB)	178
Miss Sophie Pollard (Jr. Lady)	145	Rob Marshall	174
	931		943

A win for Malgrave 'B' by 12 points.

Ardleigh 'A' are 6<sup>th</sup> of 8 in Division 1 and Ardleigh 'B' 5<sup>th</sup> of 8 in Division 2

These are the results of our February Handicap Spoon Shoot shot on the weekend 4<sup>th</sup> to 6<sup>th</sup> February 2022.

Archer	H/C	All.	Score	Total	
1 Nigel Moynihan	65	1070	407	1477	Spoon & PB (New Handicap Rating 63)
2 Dave Cook	41	913	529	1442	(PB)
3 Barrie Green	51	961	480	1441	(PB)
4 Tom Nolan	54	980	456	1436	
5 Chris Pollard	38	902	528	1430	
6 Chris Phillips (BB)	45	930	495	1425	
7 Mia Phillips	54	980	433	1413	
8 Alex Sarzi-Sartori	47	940	469	1409	
9 Sophie Pollard	58	1008	392	1400	
10 Howard Green	65	1070	300	1370	
11 Ken Dell (LB)	59	1016	300	1316	

Congratulations to Nigel, who has now only slightly demolished his handicap rating!

A note again for our newer members. Quite a few of the people who began with us last year are starting to get their own equipment. They've all wisely practiced restraint (some more than others!) and have been able to work their way to heavier weights gradually with our Club equipment. This allows their technique to develop and enable the pulling of heavier weights but advice is always available and some previously used equipment has become available too and members have taken advantage of this.

For those members who like pictures, here are some, the first our Presentation Table at the Club Indoor Championships at the end of January, the second one a detail on the line with both older and newer members shooting together, longbow, Barebow and Recurve. We needed two sessions , each with two details to enable all those who wished to shoot in this competition to do so.



We should have more details for members who've enquired about Club clothing with prices and what will be available with a new supplier soon. The traditional colours for Archery GB are dark (bottle?) green or white. We found over some years that dark green wasn't an easily findable colour unless you bought from an Archery retailer. We changed to all black some years ago as this was more available.

Members have a choice , if they wish, of having their names embroidered in gold thread and our Club Badge too on polo or sweatshirts. There will also be fleeces that can have "Bowmen of Ardleigh" on the back as well. There should also be pullovers too. People may still wear the "accepted" colours for what was the Grand National Archery Society (now called "Archery GB") of bottle green and or white but our Club Colours are black.

When we sort things out, speak to Jan Lowe if you'd like more details as there is a catalogue of what can be supplied. A 50% deposit will need to be paid at the time of ordering.

I've mentioned this before, but I'm trying to lessen what I do around our Club. I took the job of Secretary temporarily when the previous incumbent died in 1997. I was then at the tender age of 52 and I'm now 76 and I feel it would be better if someone took over one of my duties. Would anyone like to take on the mantle of Membership Secretary?! This would involve liaising with Archery GB and using their website to renew memberships and create them for new members. Full instruction and assistance will be given as I feel it would be better to do this while I'm alive to help, rather than through a séance or ouija board. It would also be a gentle introduction to our work on the Committee. Do feel free to discuss this with a Committee Member if you are interested in helping run our Club.

Although there's no pressure on people to buy anything, quite a few members now have their own equipment, matched to them and we wish them well with it. Advice is always available when people wish. There are quite a few Archery videos on Youtube, etc. Do be selective with what you take on board with them. The Archery GB Coaching videos are useful but some are really just "trick" shooting and should be watched just for their entertainment value.

Do read things as well. Bow Magazine has some quite good articles but most of the really worthwhile books (in my opinion!) are now out of print. Roger Ascham taught Elizabeth I how to shoot a bow at the request of Henry VIII. He must have done quite well as he kept his head and earned a pension from the King. As always, with an eye to the main market, Roger also wrote a book and a lot of it is still relevant to shooting today.



## BOWMEN OF ARDLEIGH

Club Indoor Championships  
Sunday 30<sup>th</sup> January 2022

### AWARDS MADE ON STRAIGHT SCORE. (Portsmouth Round)

#### Gentlemen's Recurve Championship

		Score	Award
1	Chris Lowe	525	Trophy & Gold Medal
2	Sam Mortimer	524	Silver Medal
3	Chris Pollard	506	Bronze Medal
4	Dave Cook	486	
5	Chris Phillips	479	
6	Tom Nolan	473	
7	Alex Sarzi-Sartori	467	
8	Barry Green	465	Jim Watchman Memorial Trophy and Gold Medal for the Highest Unrewarded Score
9	Howard Green	268	

#### Ladies' Recurve Championship

1	Prital Upadhayay	373	Trophy and Gold Medal
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#### Juniors' 12-16 Recurve Championship

1	Mia Phillips	449	Trophy and Gold Medal
2	Sophie Pollard	396	Silver Medal

#### Gentlemen's Longbow Championship

1	Ken Dell	369	Gold Medal
2	Simon Elliott	189	Silver Medal
3	Colin Elliott	117	Bronze Medal

#### Gentlemen's Barebow Championship

1	Chris Phillips	484	Gold Medal
2	Nigel Moynihan	330	Silver Medal

Tom Foy Memorial Trophy (Mediaeval Battle Plaque) Highest Score by an archer with less than 2 full years' experience)

1	Sam Mortimer	524	Gold Medal
2	Dave Cook	486	Silver Medal
3	Alex Sarzi-Sartori	467	Bronze medal
4	Barrie Green	465	
5	Mia Phillips	449	
6	Prital Upadhayay	373	
7	Nigel Moynihan	330	
8	Howard Green	266	
9	Simon Elliott	189	
10	Alex Nolan	140	
11	Colin Elliott	117	

## AWARDS MADE ON HANDICAP

### Handicap Competition (Little Bell Cup)

	Archer	H/cap	All.	Score	Total	
1	Tom Nolan	56	995	472	1467	Trophy and Medal
2	Chris Phillips	45	957	479	1436	Silver Medal
3	Mia Phillips	54	980	449	1429	Bronze Medal
4	Alex Sarzi-Sartori	51	961	467	1428	
5	Barrie Green	51	961	465	1426	
6	Sam Mortimer	36	895	524	1419	
7	Chris Lowe	34	889	525	1414	
8	Chris Pollard	38	902	506	1408	
9	Sophie Pollard	58	1008	396	1404	
10	Nigel Moynihan	65	1070	330	1400	
11	Dave Cook	41	913	486	1399	
12	Prital Upadhayay	57	1001	373	1374	
13	Howard Green	65	1070	266	1336	
14	Ken Dell	59	1016	314	1330	

Tom Foy Trophy (Robin Hood Plaque and gold medal) Highest score on handicap by an archer with less than two full season's experience.

1	Tom Nolan	56	995	472	1467	Trophy and Gold Medal
2	Mia Phillips	54	980	449	1429	Silver Medal
3	Alex Sarzi-Sartori	51	961	467	1428	Bronze Medal
4	Barrie Green	51	961	465	1426	
5	Sam Mortimer	36	895	524	1419	
6	Nigel Moynihan	65	1070	330	1400	
7	Dave Cook	41	913	486	1399	
8	Prital Upadhayay	57	1001	373	1374	
9	Howard Green	65	1070	266	1336	

As usual in January, a bit chilly in the barn so much credit for the scores people achieved. Thanks go to Jan Lowe for presenting the trophies, the members who helped set up the shoot, Chris Lowe, our Field Captain on the day, Dave Clegg, our Indoor Records Officer for calculating the results and all the members who took part.